










## Skills for Starting P1

Below are some skills to work on when preparing for school. You know your child best so practise the skills that would benefit them most.

<p>I am learning to use the toilet independently.</p>	<p>I am learning to wash and dry my hands.</p> 	<p>I am learning to zip or button my jacket.</p> 	<p>I am learning to put my own shoes on and take them off. <i>Top tip: Velcro shoes are best.</i></p>	<p>I am learning to put my shoes on the correct feet. <i>Top tip: stick half a sticker in each shoe. Child can match the picture.</i></p>	<p>I am learning to change my clothes independently.</p> 
<p>I am learning to tidy up before moving on to a new activity.</p>	<p>I am learning to open my own snack/lunchbox.</p> 	<p>I am learning to use a knife and fork. (Practise cutting)</p> 	<p>I am learning to put a straw in my drink carton.</p>	<p>I am learning to carry a tray.</p> 	<p>I am learning to hold and use scissors correctly.</p>
<p>I am learning to take turns and share. <i>Top tip: play a game of snakes and ladders.</i></p>	<p>I am learning to recognise my own name. <i>Top tip: create a name sign for bedroom door.</i></p>	<p>I am learning to listen to stories and answer questions.</p> 	<p>I am learning to express my feelings and emotions.</p>	<p>I am learning to sit and listen for a short period of time.</p>	<p>I am learning to follow simple instructions.</p>